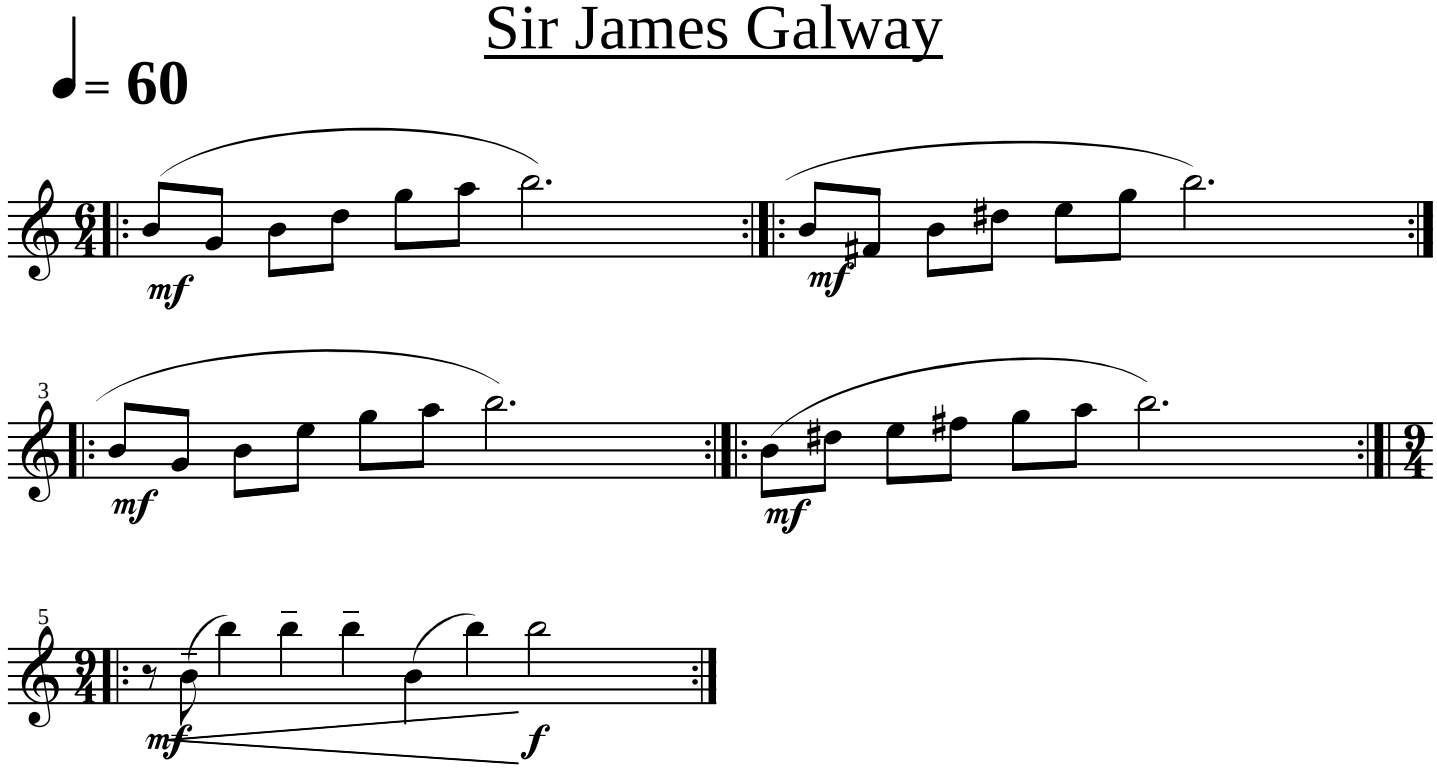
Daily Warm Up Routine

Sir James Galway